

HRR 10k 2009**Prizes**

Team Results						
	Club	Score	Runner 1	Runner 2	Runner 3	Runner 4
<i>Open Team Race</i>						
1	Brighton & Hove AC	36	Matthew Bristow	Katy Moore	Paul Prosser.	Howard Bristow
2	Hailsham Harriers	72	Gary Judges	Andrew Ruffell	Steve Avery	Gill Wheeler
3	Wadhurst Runners	76	Russell Carr.	Garan Osborn	Michael Pain	Mark Waring.
<i>Ladies Team Race</i>						
1	Hailsham Harriers	25	Gill Wheeler	Emma Richards	Lesley Delea	
2	Seaford Striders	33	Wendy Joy	Natasha Swan	Diane Fletcher	
3	Bexhill Runners	66	Steph Abbott.	Claire Holden	Julie Robinson	
Runners tying for positions receive equal, average scores						
Mens and Ladies races are scored separately						